



**International Society for Snowsports Medicine  
36th SITEMSH Congress**

XIII. Kongress der Internationalen Gesellschaft für  
Ski-Traumatologie und Wintersportmedizin

XIII° Congrès de la Société Internationale de Traumatologie  
du Ski et de Médecine des Sports d'Hiver

XIII° Congresso della Società Internazionale di Traumatologia da  
Sci e Medicina degli Sport Invernali

**AROSA/SCHWEIZ 6.-9. APRIL 1978**



Foto Kurverein, Arosa

**PROGRAMM**

**40 years ago**

- **Prof. H.U Buff, Zürich**
- **Dr. K.O. Herwig, Arosa**
- **Dr. M. Röthlisberger, Arosa**



**SITEMSH**

Internationale Gesellschaft für  
Ski-Traumatologie  
und Wintersport-Medizin

**13. Kongress AROSA/Schweiz  
vom 6. bis 9. April 1978**

1978

**Kongressbüro:**

Dr. med. K. Herwig, Arosa  
Chalet Erosen  
CH-7050 Arosa

TEILNEHMERLISTE

7.4.1978

**112 congress participants  
106 ski race „coupe du président“**

1. Dr. A. ALLARIA, Cortina d'Ampezzo/Italien
2. Dr. Finn ANTONISEN, Ernst Erikssons Väg 5, S-92 100 Lycksele
3. Dr. Donaldo ARZA, Heidelberg/DL
4. Dr. Ernst ASANG, München
5. Dr. Pietro BASSI, Courmayeur/Italien



# **general trends in snowsports**

Dominik Heim/ Frutigen



Lauberhornrennen: Karl Molitor 1940



Lauberhornrennen: Jos Minsch 1965



Lauberhornrennen: Beat Feuz 2018







Milka  
swiss ski  
uvex

Café de Colombie

WELT

uvex  
Café de Colombie

swiss



**ACL's**

**flake fractures**

**fish oil!**



**the knee – the  
unsolved problem**



Milovich 1975





snowboarding around 1980





soft



hard



**Jouri Podladtchikov, olympic champion 2014**



**Nevin Galmarini, olympic champion 2018**

# Verkauf von Snowboards hat sich mehr als halbiert

*von F. Lindegger - Bei den grossen Händlern werden immer weniger Snowboards verkauft. Für die Beliebtheit der Sportart bedeute dies aber nicht viel, sagen Experten.*



## Snowboarden ist out – jetzt kommen die Freerider

Von J. Hartmann, J. Hildebrand | Veröffentlicht am 06.02.2010 | Lesedauer: 9 Minuten





snow shoes









2703

Zahmi Frau

2400



2778

Hohtürli

2834

Schafaläger

Blümlisalphütte

SAC

2951

2411

Wildi Frau

2755

3260

Blüemlisalp-gletscher

2200

Ufen Stock

3221

3133

Blüemlisalp  
Rothorn

3280

Blüemlisalp

Morgenhorn

2731.0

3623

Wyssi Frau

2400





ski touring









**ice climbing**



CLIMBING SUCC

Black Diamond  
Black Diamond

**Ice climbing is a sport with moderate risk for injury with most of the reported injuries being of minor severity. However, severe and fatal injuries, although less common, also occur. Advanced ice climbers with greater experience and skill level have a lower overall injury risk.**

A 1-Year Prospective Analysis of Ice Climbing Injuries.

[Runer A<sup>1</sup>](#), [Lampl K](#), [Neunhäuserer D](#), [Runer F](#), [Frick N](#), [Seitlinger G](#), [Resch H](#), [Moroder P](#).

Clin J Sport Med 2017; 27(2): 161-167





sledding



# Dangerous sports invented by the British



the  
Telegraph





**Winter sports have evolved from an upper class activity to a mass industry. Especially sledging regained popularity at the start of this century, with more and more winter sports resorts offering sledge runs.**

A 13-year analysis from Switzerland of non-fatal sledging (sledding or tobogganing) injuries. [Heim D<sup>1</sup>](#), [Altgeld K](#), [Hasler RM](#), [Aghayev E](#), [Exadaktylos AK](#). Injury 2014; 45(1): 338-341





**SWISS SKYLINE** EIGER . MÖNCH . JUNGFRAU



**BOND WORLD 007<sup>™</sup>**

**PIZ GLORIA**



**VERHALTENSREGELN**

**RÈGLES DE COMPORTEMENT**

**REGOLE DI CONDOTTA**

**RULES OF CONDUCT**



snowkiting





Ueli Kestenhholz

**Snowkiting can be  
considered a sport carrying  
a high risk of injury.**

A prospective study of snowkiting injuries.

[Moroder P<sup>1</sup>](#), [Runer A](#), [Hoffelner T](#), [Frick N](#), [Resch H](#), [Tauber](#). *Am J Sports Med* 2011; 39(7): 1534-1540



snowbiking



Tschentenalp 2018

the past and the present



*Abetone - Valle del Lago Nero m. 1767.*



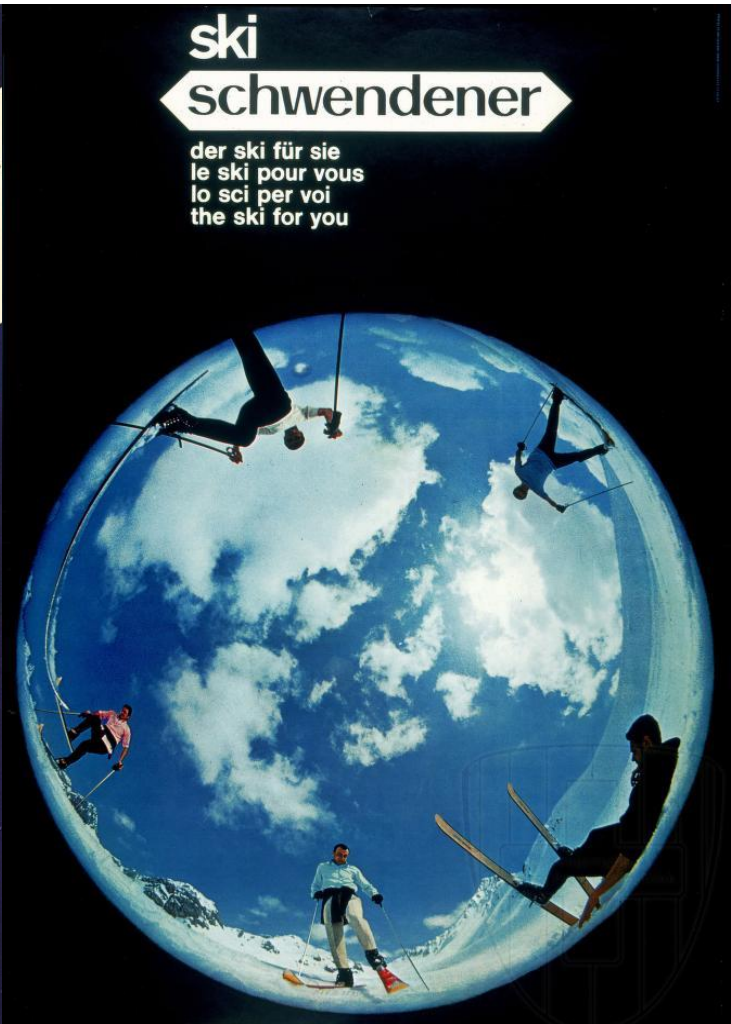
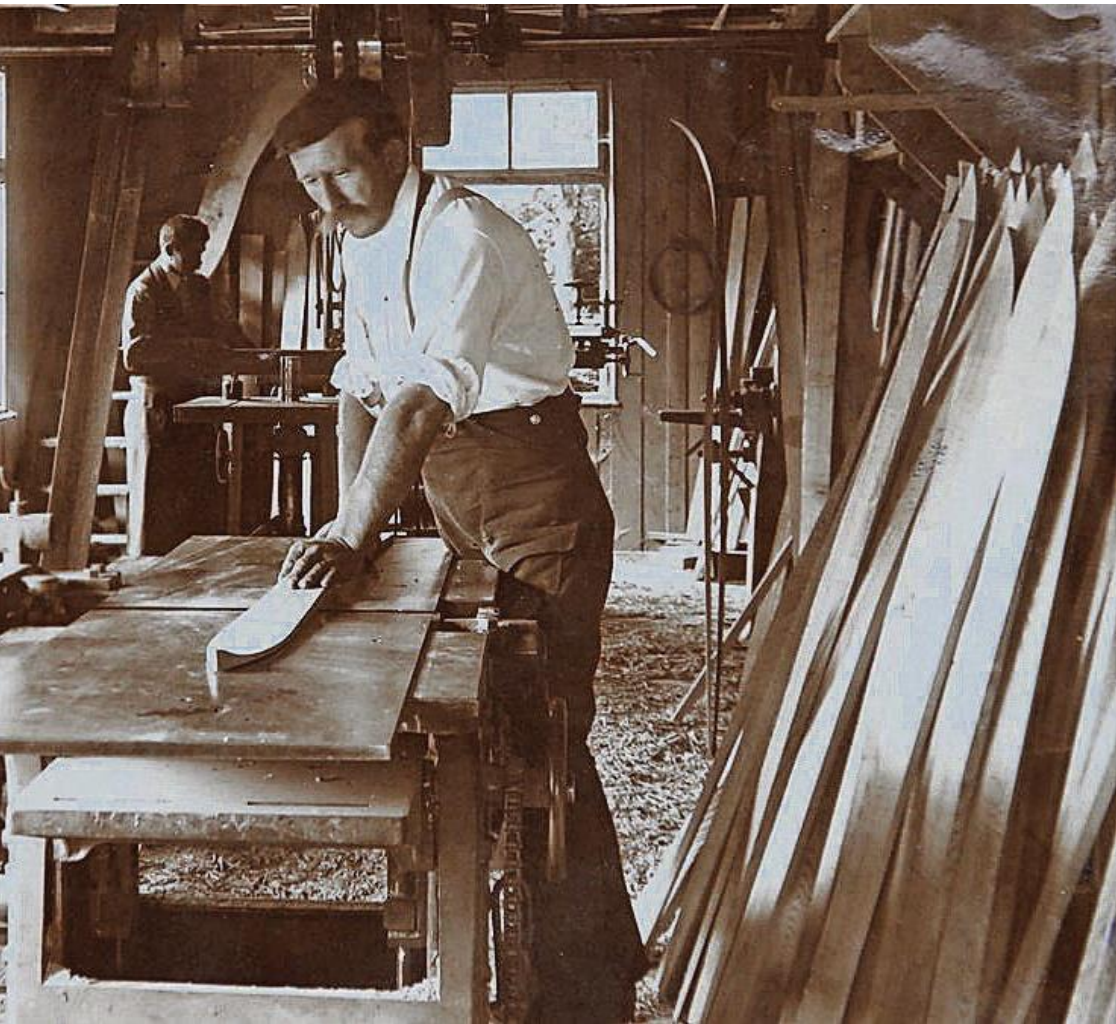








the industry ...



gone!



„It is a blessing that we have China“ Marc Gläser, CEO Stöckli, 20min 21.09.2017



competition



**leisure - adrenalin**

36<sup>th</sup> SITEMSH congress



# *coupe du président*



suva

13<sup>th</sup> March 2018 in Arosa, Switzerland



leisure and fun ...

**you might like it or disapprove – but we have to deal with it ...**



**let's talk about it these three days!**