

Dr Aleix Vidal. Pyrenees



traumatologia i medicina
d'esports d'hivern

Dr. Aleix Vidal i col·laboradors

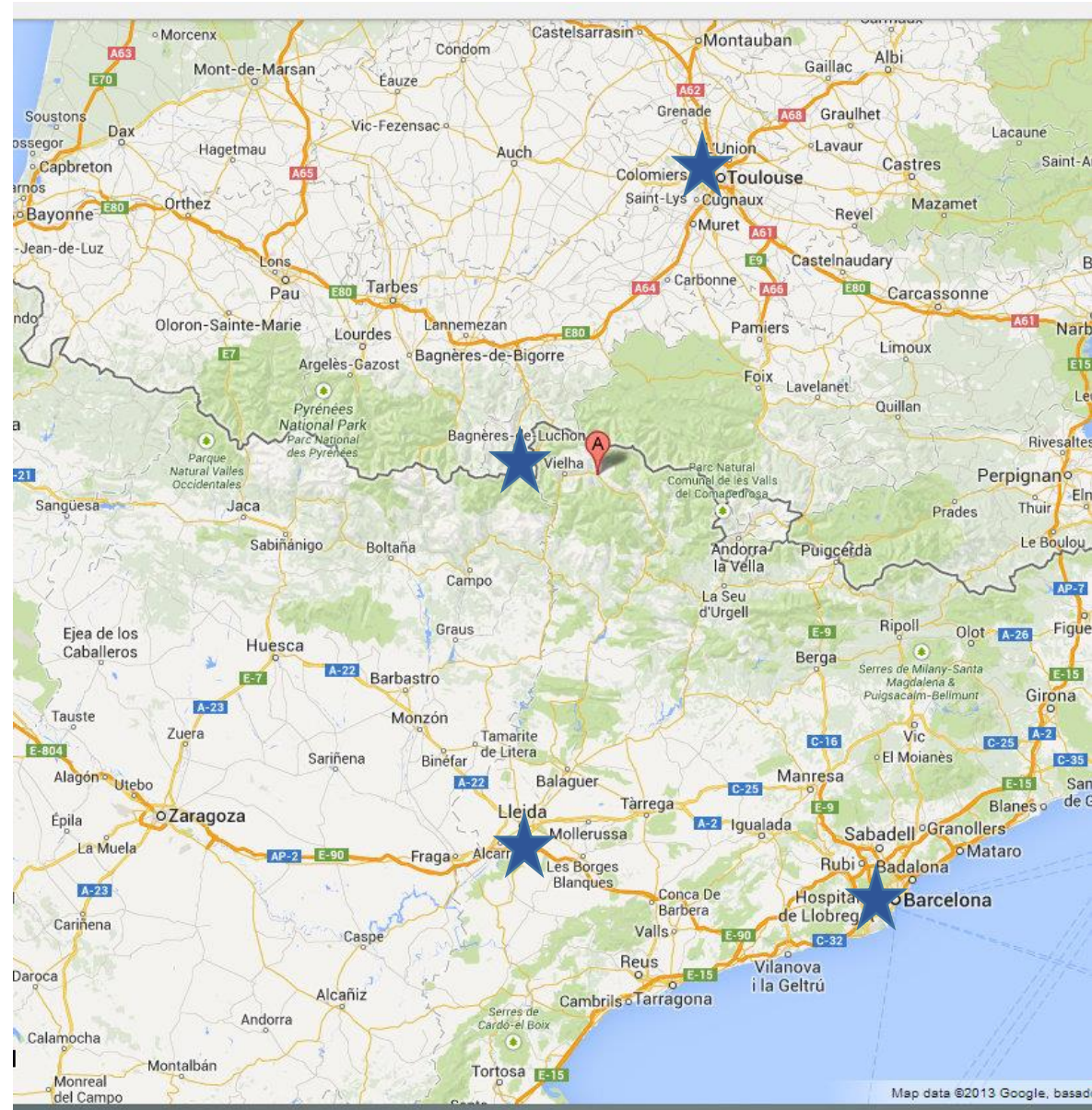
**Organization of
a Sports Trauma Center in a Ski Resort**

Where are we?



Proximate Medical Facilities

- Hospital in Vielha, Spain (15 km) (10 ml)
- Hospital in Toulouse, France (181 km) (112 ml)
- Hospital in Lerida, Spain (184 km)
- Hospitals in Barcelona, Spain (287 km) (178 ml)



General Statistics

Past 20 Ski Seasons

14,218,074 visitors to ski resort

49,362 snow sport injuries



Our Staff

Weekdays

- 1 Trauma Specialist
- 1 GP with snow sport injury experience.
- 2 nurses
- 1 X ray technician
- Secretary

Weekends and Holidays

- 2 Trauma Specialists
- 1 Nurse Assistant



Treatment Areas

- Lower extremity (5 beds)
- Upper extremity (3 spaces)
- Sutures (2 beds)
- Head/Back /Shoulder injury
- Outpatient area



Equipment

- Digital X-Ray
- Defibrillator
- Equipment Sterilizer
- Oxygen Supply
- Suture Equipment
- Orthopedic Material
- Computer Program



Upon Arrival

Ambulance Entrance

Remove ski boots and store with skis in locked closet. Patient is given a tag with the number for later retrieval.

Secretary or nurse retrieves patient personal information and Patient Chart is begun.



Street Entrance

Patient is asked to remove ski/snowboarding boots in waiting room. Relatives/friends are responsible for the equipment.

Patient gives personal information to secretary and Patient Chart is started.

Dr. is given **PATIENT CHART** in order of arrival

Patient Chart

- Organizes the flow and respects the patient's order of arrival
- Gives the doctor patient information
- Shows insurance information
- Shows all treatment given to patient (X-Ray, Medication or Orthopaedic material)
- Shows doctor's name

FITXA PACIENT

FICHA BOTAS 12 BOX Nº 4

DNI _____	NOMBRE _____
APELLIDO 1 _____	APELLIDO 2 _____
FECHA NAC. _____	EMAIL _____
NUMERO POLIZA _____	FECHA INICIAL _____
COMPANIA SEGURO _____	FEHCA FINAL _____
DIRECCIÓN _____	
POBLACION _____	PROVINCIA _____
C.P. _____	PAIS _____
TELEFONO _____	MOBIL _____

<p>DOCTOR</p> <p style="text-align: center; font-size: 1.2em; color: #00AEEF; text-decoration: underline;">DR. AGUIRRE</p>	<p>MATERIAL</p> <table border="0" style="width: 100%;"> <tr> <td><input type="checkbox"/> RODILLERA GEL</td> <td><input type="checkbox"/> INMOV. RODILLA</td> </tr> <tr> <td><input type="checkbox"/> RODILLERA ART</td> <td><input type="checkbox"/> VELPEAU</td> </tr> <tr> <td><input type="checkbox"/> MUÑEQUERA</td> <td><input type="checkbox"/> FAJA</td> </tr> <tr> <td><input type="checkbox"/> TERMOPLASTIC</td> <td><input type="checkbox"/> COLLARIN</td> </tr> <tr> <td><input type="checkbox"/> KENNY-HOWARD</td> <td><input type="checkbox"/> CLAVICULA B</td> </tr> <tr> <td><input type="checkbox"/> GIL-CHRIST</td> <td><input type="checkbox"/> MULETAS</td> </tr> <tr> <td><input type="checkbox"/> YESO CIRCULAR</td> <td><input type="checkbox"/> CABESTRILLO</td> </tr> <tr> <td><input type="checkbox"/> FERULA YESO</td> <td><input type="checkbox"/> COMPRESIVO</td> </tr> <tr> <td><input type="checkbox"/> TAPING</td> <td><input type="checkbox"/> VENDAJE SIMPLE</td> </tr> </table>	<input type="checkbox"/> RODILLERA GEL	<input type="checkbox"/> INMOV. RODILLA	<input type="checkbox"/> RODILLERA ART	<input type="checkbox"/> VELPEAU	<input type="checkbox"/> MUÑEQUERA	<input type="checkbox"/> FAJA	<input type="checkbox"/> TERMOPLASTIC	<input type="checkbox"/> COLLARIN	<input type="checkbox"/> KENNY-HOWARD	<input type="checkbox"/> CLAVICULA B	<input type="checkbox"/> GIL-CHRIST	<input type="checkbox"/> MULETAS	<input type="checkbox"/> YESO CIRCULAR	<input type="checkbox"/> CABESTRILLO	<input type="checkbox"/> FERULA YESO	<input type="checkbox"/> COMPRESIVO	<input type="checkbox"/> TAPING	<input type="checkbox"/> VENDAJE SIMPLE
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HORA Y FECHA	FOTOCOPIA
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PRM Main

CLÍNICA
CIE9
Curso Clínico

Información de una de las entradas del curso clínico de VICTOR ABADIAS BADIA

Utilidades

Lesiones Informe de Asistencia Exploraciones RX Impresión Diagnóstica Procedimientos/Tratamientos Adjuntos Comentarios Informes

LESIONES:

Abir	Lesión
<input checked="" type="checkbox"/>	LESIÓN DE RODILLA IZQUIERDA
<input type="checkbox"/>	
<input type="checkbox"/>	CONTUSIONES
<input type="checkbox"/>	FRACTURA OSEA
<input type="checkbox"/>	GENERICO
<input type="checkbox"/>	HERIDAS
<input type="checkbox"/>	LESION DE HOMBRO DERECHO
<input type="checkbox"/>	LESION DE HOMBRO IZQUIERDO
<input type="checkbox"/>	LESIÓN DE RODILLA DERECHA
<input type="checkbox"/>	LESIÓN DEL PULGAR DERECHO
<input type="checkbox"/>	LESIÓN DEL PULGAR IZQUIERDO

+ Nueva Dolencia

Texto a filtrar:

Columna: Lesión

Antecedentes DESBLOQUEAR

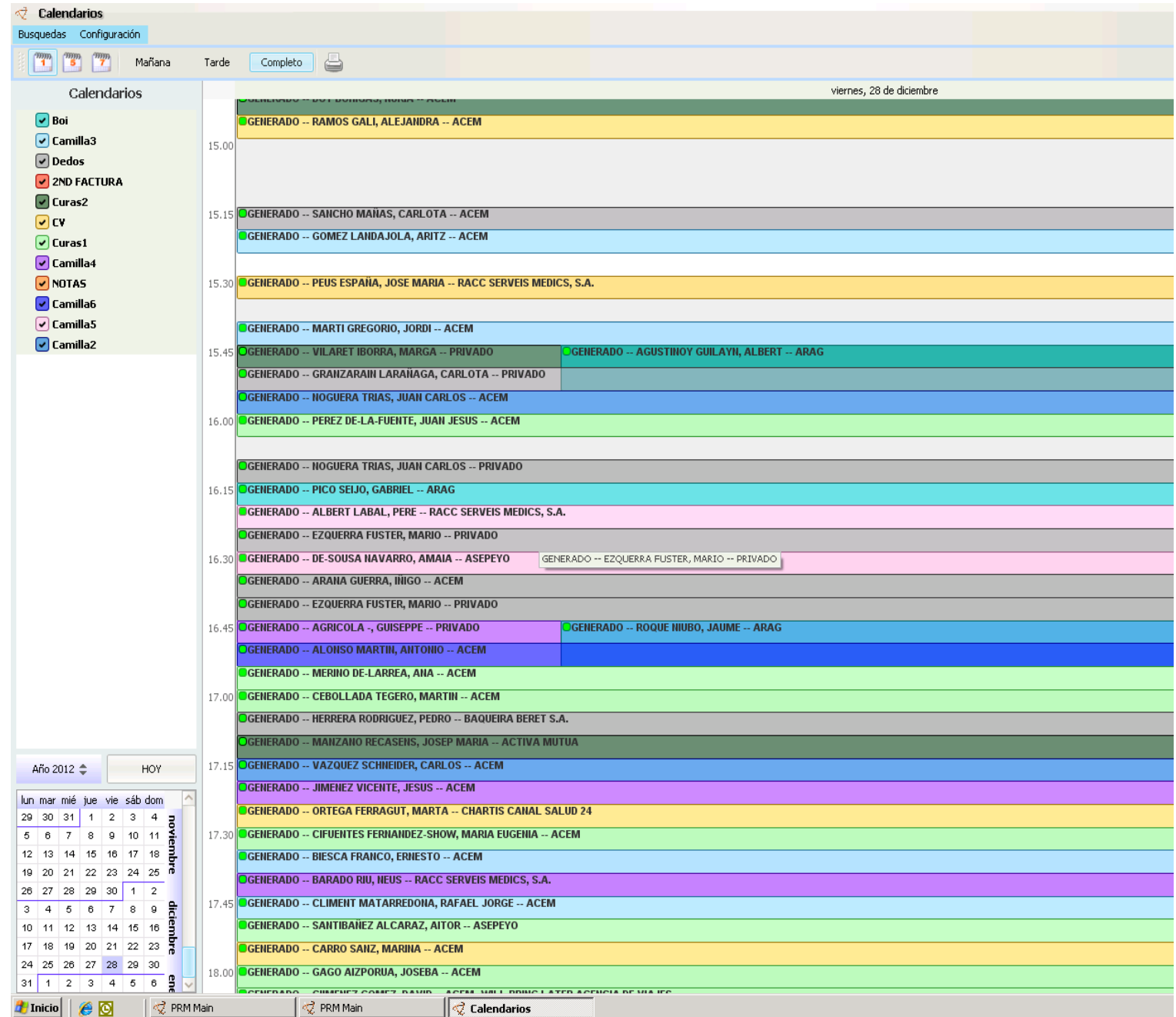
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Computer Program

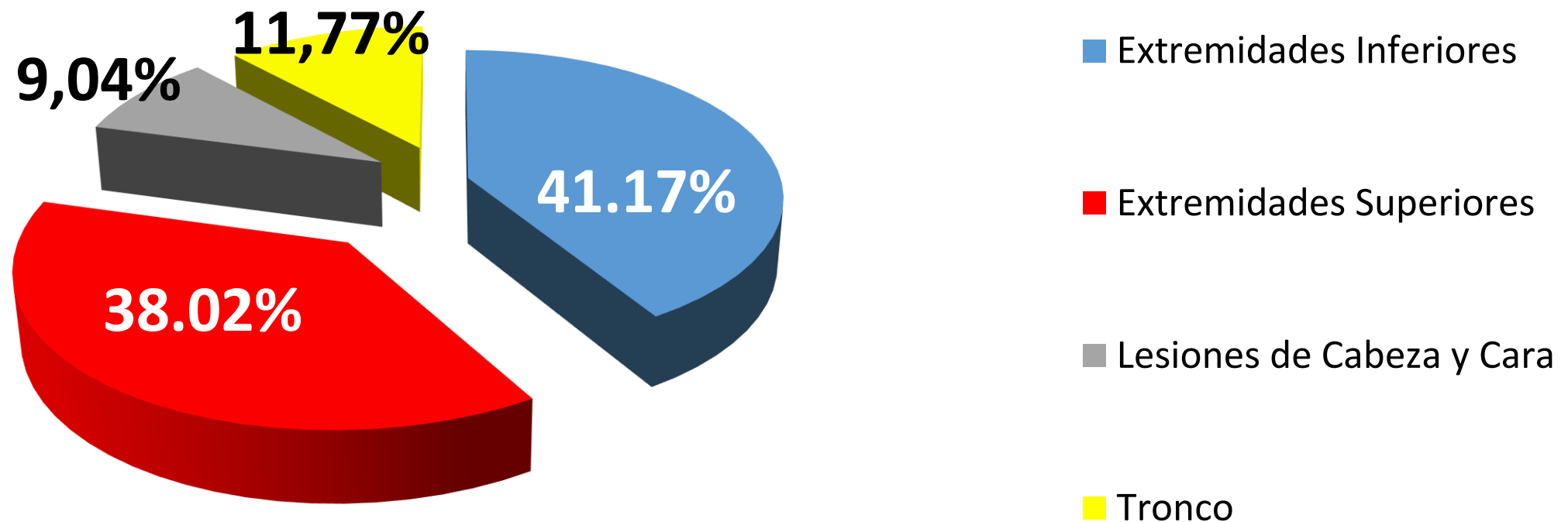
- Codes pathologies (ICD9)
- Codes Doctor's Examination Reports
- Attaches digital x-rays to patient history file
- Prints Patient's Report in various Languages
- Creates Statistics
- Provides Remote Access to program from Barcelona or portable device

Computer Program

- Shows where patient is located and order of visit
- Confirms conclusion of doctor's visit
- Sums patients visited per day, week, month, year
- Facilitates entire billing process
- Indicates material consumption
- Calculates material needed



Injuries according to body distribution 20 consecutive seasons



Type of Injuries

Last 3 seasons data (2010-2012)

- 600 Ligament Inj. *all
- 437 Fractures *all
- 358 Torn Muscles
- 71 Head Injuries
- 230 Cuts
- 23 Abdominal Traumas



During Seasons 2013 & 2014

- 358 Torn Muscles
- 600 Knee Ligament Injuries
- 23 Abdominal Traumas
- 6823 X-ray Shoots



Justify both, MRI and Ultrasound...

Create a web page that facilitates information on the location and services provided

www.centromedicobaqueira.com

CENTRO MEDICO BAQUEIRA MEDICAL CENTER

Home About Services Projects Contact



ENGLISH

Established in the 1970s, Baqueira Medical Centre is also known as TMEH (Traumatologia i Medicina d'Esports d'Hivern) is a medical center located at the bottom of the ski resort Baqueira Beret in the Spanish Pyrenees.

Its highly qualified staff has a long history of treating snow sport injuries under the constant guidance of Dr. Aleix Vidal .

ESPAÑOL

El Centro Medico de Baqueira también conocido como TMEH (Traumatología i Medicina d'Esports d'Hivern) está ubicado en la parte inferior de la estación de esquí de Baqueira Beret en los Pirineos españoles.

Su personal altamente cualificado, bajo el liderazgo del Dr. Aleix Vidal, tiene una larga experiencia en el tratamiento de las lesiones de los deportes de nieve.

CATALÀ

El Centre Mèdic Baqueira també conegut com TMEH (Traumatologia i Medicina d'Esports d'Hivern) està situat als peus de l'estació d'esquí de Baqueira Beret.

El seu personal altament qualificat, sota la supervisió del Dr. Aleix Vidal té una llarga història en el tractament de les lesions dels esports de neu.

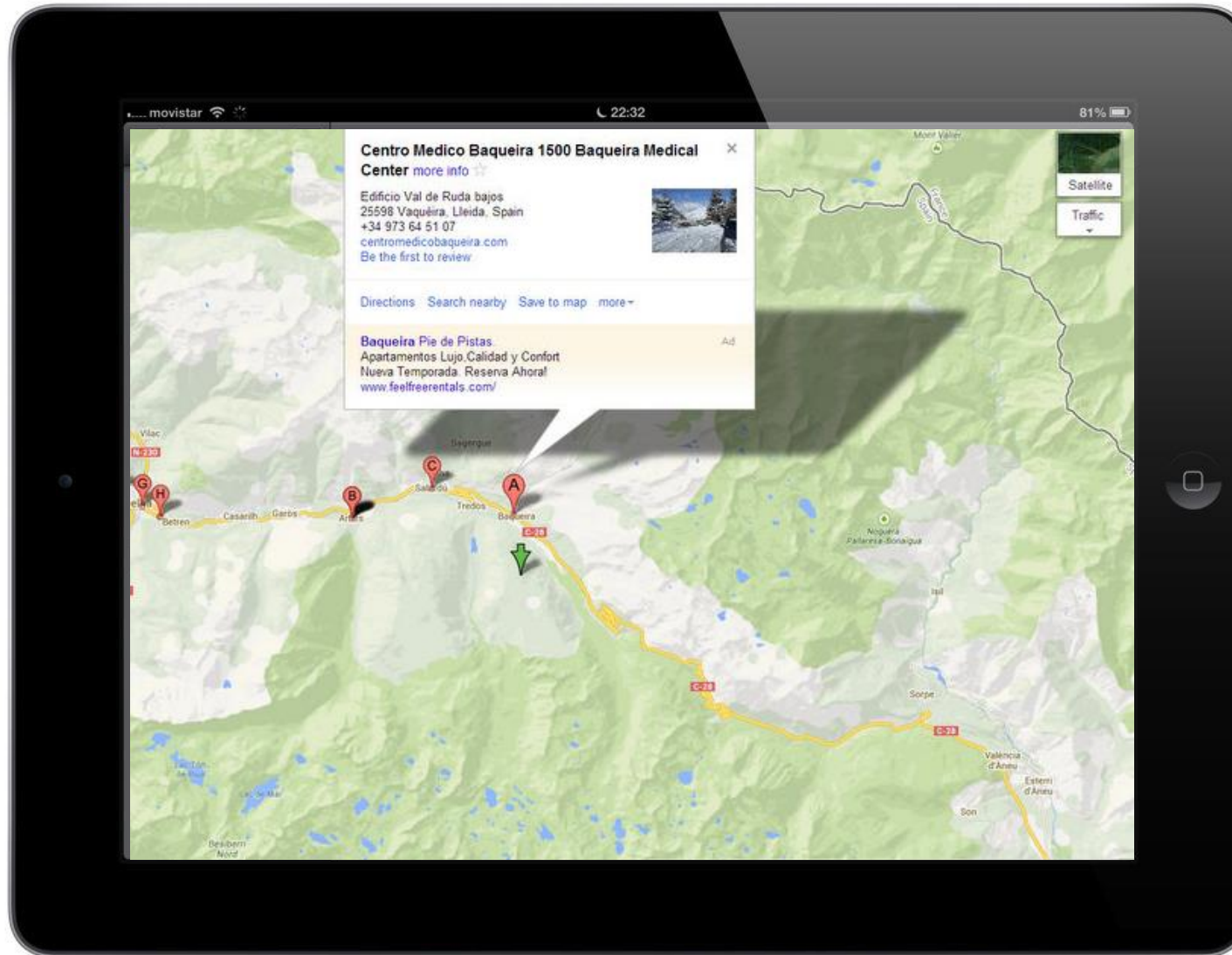


TMEH

Traumatologia i Medicina d'Esports d'Hivern S.L.

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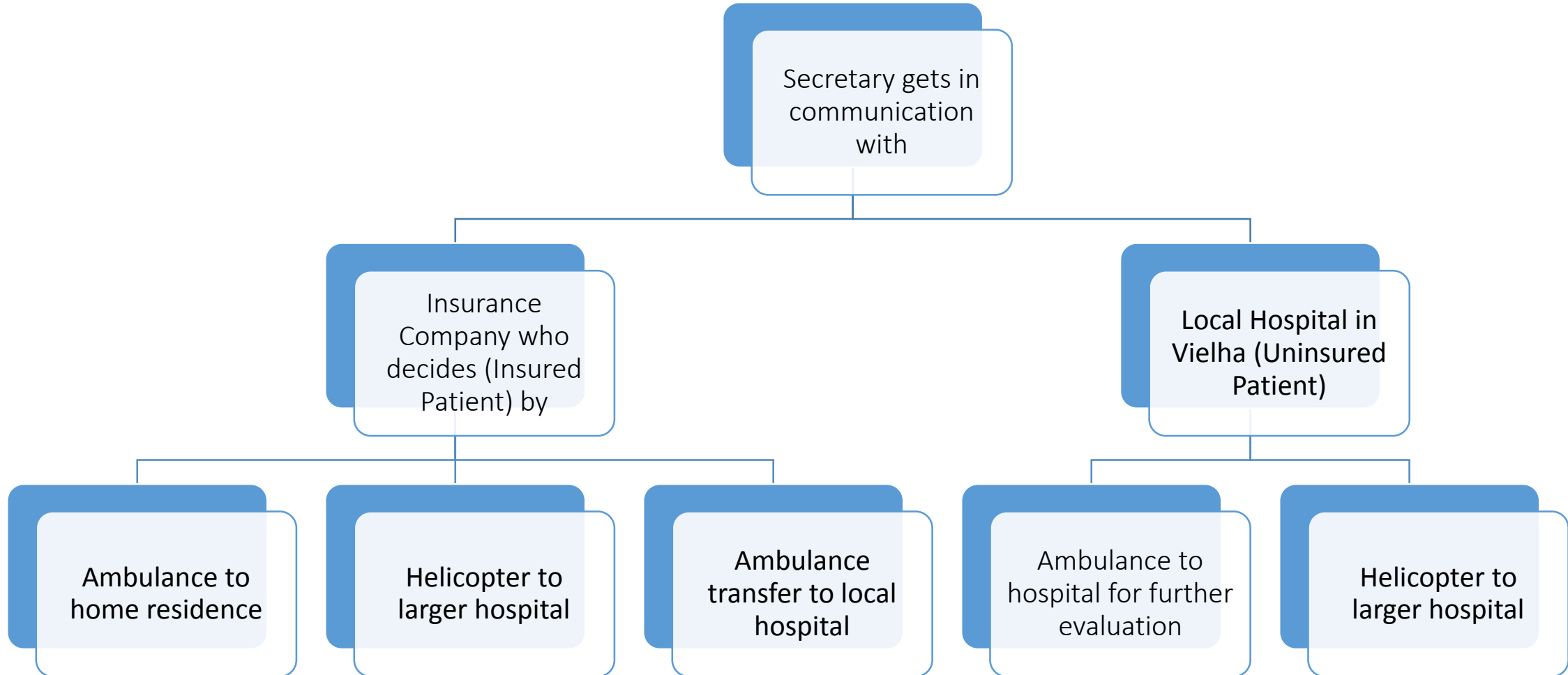
Make the Medical Center Easy to Find on Portable Devices



Boost Easy Access from Social Media to Your Web Page

The image shows a screenshot of a Facebook page for 'Centro Medico Baqueira'. The page features a large cover image of a snowy mountain range. Below the cover image is a profile picture of a stethoscope. The page name 'Centro Medico Baqueira' is displayed, along with 39 likes and 8 people talking about this. The page is categorized as 'Health/Medical/Pharmaceuticals' and includes contact information: 'Edificio Val d'Orde bajos Tel: +34 973 64 5107 www.centromedicobaqueira.com'. A post from December 6, 2012, is visible, featuring a smaller image of a snowy landscape. The right sidebar shows a 'Create Page' button and a 'Now' section with '2012' and 'Founded'. Below the main content, there is a 'Highlights' section and a '21 Friends' section with a list of friends and an 'Invite Your Friends to Like this Page' section with an 'Invite' button and a list of friends: Ares Dediou Perea, Anna Geli, and Lourdes Santacruz.

Be prepared for those cases you can't treat



Thanks for your attention



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